

CERTIFICATE

OF PARTICIPATION

This is to certify that

Elaine Crous

Has successfully participated & completed the

Solo Heifer Cowhouse Cross Duathlon 2018 #3

held at Cowhouse Market.

TIME 00:54:16

PACE 05:24/km

OVERALL 9 of 10

13 May 2018, Sun

Date

GENDER 4 of 5

< 13 3 of 3



BoutLime

Signature